

FOCACCIA SANDWICHES		\$14.50	CREATE A SALAD		\$13.50	CATERING SNAPSHOT	
PARMA (\$14.95) Fresh Mozzarella, Prosciutto, Tomato, Fresh Basil and Olive Oil			Includes Choice of Greens - 1 Protein & 4 Toppings			Please call for further options and details: 631-351-8721 <i>(eight person minimum)</i>	
LONG ISLAND ITALIAN (\$14.95) Chicken Cutlet, Prosciutto, Mortadella, Fresh Mozzarella, Pesto, Roasted Peppers, Basil, EVVO			Each Additional Protein +\$3.12 Each Additional Topping +\$1.04			BREAKFAST	
VEGGIE Grilled Vegetables w/ Fresh Mozzarella and Balsamic Dressing			Greens Romaine Mesclun Spinach Arugula			NEW YORK BAGEL PLATTER \$4.95pp Assortment Fresh Bagels, Assorted Cream Cheese, Butter & Jelly, Fresh Bakery Platter	
ROMAN Grilled Chicken with Roasted Peppers, Fresh Mozzarella and Pesto			Protein Grilled Chicken Chicken Cutlet Asian Chicken Bacon Tuna Turkey Grilled Veggies Avocado Tofu			FRESH BAKERY PLATTER \$6.95pp Assorted Muffins, Mini Croissants & Breakfast Pastries, Crumb Cake	
NORMANDY Smoked Turkey with Brie and Authentic Honey Mustard			Toppings Apples, Almonds, Artichokes, Beans, Carrots, Cherry Tomatoes, Chickpeas, Croutons, Crunchy Noodles, Cucumber, Beets, Broccoli, Dried Cranberries, Egg, Kalamata Olives, Mandarin Oranges, Mushrooms, Roasted Peppers, Scallions, Sunflower Seeds, Tortilla Chips, Walnuts, Water Chestnuts, Crumbled Blue Cheese, Cheddar, Feta, Mozzarella, Parmesan, Pepper Jack, Swiss			CONTINENTAL PLATTER \$6.95pp Assorted Fresh Bagels, Muffins, Mini Breakfast Pastries & Crumb Cake	
MEDITERRANEAN Grilled Chicken, Feta, Olives, Red Onion, Lettuce, Tomatoes and Tzatziki			Dressings Asian, Bleu Cheese, Caesar, Italian, Ranch, Russian, Thousand Island, Extra-Virgin Olive Oil, Fresh Lemon Juice, Balsamic Vinegar, Red Wine Vinegar, Fat-Free Raspberry Vinegrette, Low-fat Honey Dijon, Fresh Lemon & Herb			RISE AND SHINE BREAKFAST SANDWICH PLATTER \$8.95pp Assorted Egg Sandwiches and/or Breakfast Burritos	
HOT PANINIS		\$13.50	CLASSIC SALADS		\$12.45	BOARDROOM BREAKFAST PACKAGE \$13.95pp Continental Platter, Fruit Salad and Coffee Service	
CHICKEN FAJITA Grilled Chicken, Onions, Spicy Peppers, Salsa and Cheddar			CAESAR ~ GARDEN ~ SPINACH Add in (+\$3.00) - Grilled Chicken, Chicken Cutlet, Tuna or Turkey Avocado			CLASSIC LUMBERJACK PACKAGE \$16.95pp Choice of Pancakes or Challah French Toast, Scrambled Eggs, Home Fries, Bacon & Sausage, OJ & Coffee	
CHICKEN PARMIGIANA Chicken Cutlet, Tomato Sauce and Mozzarella			TERESA'S SPECIALTY SALADS \$15.50			TERESA'S BREAKFAST PACKAGE \$17.95pp Bagel Platter, Fruit Salad, Scrambled Eggs, Bacon <i>OR</i> Sausage, Home Fries, OJ & Coffee	
TUSCAN Tomatoes, Fresh Mozzarella, Basil, and Spinach			GREEK Romaine, Tomato, Cucumber, Feta, Olive, Peppers, Onions			LUNCH	
TUNA MELT Tuna Salad, American Cheese, Lettuce and Tomatoes			MAIN STREET Strawberries, Blueberries, Dried Cranberries, Walnuts, Crumbled Blue Cheese Over Mixed Greens			CLASSIC PLATTER \$14.95pp Assorted Classic & Specialty Sandwiches & Wraps (Including Vegetarian)	
CHICKEN CLUB Grilled Chicken, Brie, Smoked Bacon, Tomatoes, and Ranch			COBB Chicken Cutlet, Avocado, Bacon, Tomatoes, Red Onion, Cheddar Over Mixed Greens - Egg, Hard Boiled			TERESA'S LUNCH PACKAGE \$16.95pp Assorted Specialty Sandwiches, Wraps, Focaccia & Classic Side Salad Selection (Including Vegetarian) *Entree Salad Option Available +\$2.00 pp	
TERESA'S SPECIALTY WRAPS		\$13.50	MEXICAN SALAD Grilled Chicken, Avocado, Corn, Tomato, Cilantro, Black Beans, Red Onion, Pepper Jack Over Mixed Greens			EXECUTIVE LUNCH PACKAGE \$19.95pp Assorted Specialty Sandwiches, Wraps, Focaccia & Classic Side Salad Selection & Homemade Cookie/Brownie Platter *Entree Salad Option Available +\$2.00 pp	
<i>(Choice of Plain, Spinach or Whole Wheat)</i>			CALIFORNIA VEGAN Grilled Zucchini, Carrots & Eggplant with Avocado and Chickpeas Over Arugula			CLASSIC SIDE SALADS \$5.25pp Cole Slaw, Macaroni, Red Bliss Potato, Caesar, Tuscan Pasta (Grilled Veggies, Fresh Mozzarella & Basil)	
GREEK Romaine, Tomato, Cucumber, Feta, Olive, Peppers, Onions			GRILLED CHICKEN CAPRESE Fresh Mozzarella, Tomatoes, Fresh Basil and Roasted Peppers Over Mesclun and Arugula and Mixed Greens			SPECIALTY SALADS \$6.50pp Main Street, Asian, Caprese, Greek, Grilled Chicken Caesar, Garden Avocado & Chick Pea, Fruit Salad	
ROMA Grilled Chicken Ceasar w/ Homemade Ceasar Dressing			ASIAN CHICKEN SALAD Ginger Chicken with Mandarin Oranges, Water Chestnuts, Scallions, Carrots & Crunchy Noodles Over Mixed Greens			<hr/> HERO BY THE FOOT (Serves 3-4 people per ft.) \$28.95pf 3/4/5/6 ft. Heroes Available American/Italian/Turkey BLT (custom options available) Add 1lb. Cole Slaw, Macaroni or Potato Salad per foot \$29.95pf	
EL GRECO Grilled Chicken Greek Salad w/ Balsamic Dressing			SNACKS & DESSERTS			HOT DISHES	
BAJA Grilled Chicken and Vegetables w/ Balsamic Dressing			TRUFFLE BROWNIES \$4.95 HOMEMADE COOKIES \$4.95 BLACK & WHITE \$4.95			Serves: 1/2 Tray 8-10 / Full Tray 18-20	
ROYAL Roast Beef, Provolone, Red Onion, Arugula, Horseradish Mayo						ENTRÉE SPECIALS 1/2 TRAY \$99 / FULL TRAY \$129	
CALIFORNIA Smoked Turkey, Avocado, Tomato, Arugula, Honey Mustard						Chicken Parmesan, Chicken Francese, Chicken Marsala, Roasted Lemon Chicken, Grilled Chicken, Sausage & Peppers, Homemade Meatballs, Homemade Meatloaf, Chicken Fingers	
VEGETARIAN DELIGHT Hummus, Carrots, Lettuce, Tomato, Avocado, Cucumbers, Vinaigrette						PASTAS 1/2 TRAY \$79 / FULL TRAY \$109	
TERESA'S WRAP Grilled Chicken, Avocado, Tomato, Bacon, Mesclun Greens & Blue Cheese Dressing						Baked Ziti, Baked Penne w/Eggplant, Pasta Pomodoro, Rigatoni Bolognese, Penne alla Vodka	
SOUTHWEST Grilled Chicken, Sauteed Onions, Grilled Tomatoes, & Melted Pepper Jack						*Premium Plastic Plates and Cutlery available \$1.75pp	
SINGH'S SPECIAL Cracked Pepper Turkey, Cherry Peppers, Red Onion, Lettuce, Tomato & Chipotle Mayo						FULL HOT ENTRÉE CATERING MENU AVAILABLE, PLEASE INQUIRE.	
ADD-ONS: \$.50 each Tomatoes, Cheese, Lettuce, Onions, Roasted/Sweet or Hot Peppers, Basil, Bagel							
\$2.00 each Hero, Cibatta, Focaccia, Bacon, Fresh Mozzarella, Brie, Avocado Jalapeño (\$1.50)							

*Consuming raw or undercooked meats, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. Please inform staff of any food allergies. rev. 6/25



The Good Stuff

631.351.8721

758 Park Ave.

Huntington, NY 11743

Voted "BEST DELI"



2024 & 2025

@teresaslunchbox



TeresasLunchBoxDeli.com

DELIVERY AVAILABLE ONLINE THROUGH

 DOORDASH GRUBHUB Uber Eats

BREAKFAST ALL DAY*

(\$1.00 After 11:00am)	
EGG SANDWICHES (ROLL/WRAP/SLICED)	
TWO EGGS/EGG WHITES	\$4.95
THREE EGG WHITES	\$6.00
TWO EGGS with CHEESE, HAM, BACON, SAUSAGE OR TURKEY	\$7.75
TWO EGGS with CHEESE, DOUBLE MEAT	\$9.85
EGG PLATTERS (Served with Home Fries)	
TWO EGG PLATTER	\$6.25
THREE EGG WHITE PLATTER	\$7.30
CREATE AN OMELETTE (3 EGGS) Toppings extra	\$7.30
WESTERN, VEGGIE, GREEK, SPANISH OMELETTE	\$10.15
BREAKFAST	
CLASSIC PANCAKES	\$3.10/piece
CHALLAH FRENCH TOAST	\$3.40/piece
HOT OATMEAL (16 oz.) Toppings \$.75 ea.	\$4.10
HARD BOILED EGGS	\$1.60 each
ADD ONS (ADDITIONAL CHARGE)	
\$.78 each: Potatoes, Bagel, Onion Roll, Tomato, Lettuce, Spinach, Onions, Mushrooms, Peppers, Broccoli, Cherry Peppers, Salsa	
\$1.04 each: Cheese	
\$1.56 each: Fresh Mozzarella, Jalapeño, Egg	
\$2.08 each: Bacon, Sausage, Ham, Turkey, Avocado, Hero, Croissant, Ciabatta, Hashbrown Patty	
\$2.60 each: Turkey Bacon	
CLASSIC SPECIALS*	
SUPER SPECIAL \$8.05	
2 Eggs on a Roll with Cheese, Home-fries, Choice of Bacon, Ham, OR Sausage	
THE CLASSIC \$7.55	
2 Eggs on a Roll with Cheese, Choice of Bacon, Ham, OR Sausage	
BIG BOX/HUNGRY MAN \$12.95	
2 Eggs on a Roll or Hero with Cheese, Home-fries, Bacon, Ham, AND Sausage	
BAGEL BUSTER \$7.75	
Bacon, Sausage OR Ham on a Toasted Bagel with Melted Cheese	
LEAN MACHINE \$7.75	
2 Egg Whites, Melted Swiss, Tomato, Roll ADD Turkey (+\$2.00)	
STEAK & EGGS \$9.85	
Grilled Roast Beef, 2 Eggs, Cheese, Roll	
NEW YORKER \$9.85	
Grilled Pastrami, 2 Eggs, Cheese, Roll	
CLASSIC BLT \$9.10	
Bacon, Lettuce, Tomato, Mayo, Slice Bread	
GRILLED CHEESE \$8.05	
Choice of Sliced Bread & Cheese, add Bacon (+\$2.00)	

*PLEASE NOTE - Pay via cash to receive a 4% discount on your order.

BREAKFAST BURRITOS*

\$9.85

CLASSIC	Eggs, Cheese, Bacon, Sausage & Potatoes
WESTERN	Eggs, Cheese, Ham, Onions, Peppers & Potatoes
SPANISH	Eggs, Cheddar, Onions, Tomatoes, Cherry Peppers, Salsa & Potatoes
VEGGIE	Eggs, Swiss, Tomatoes, Peppers, Onions, Spinach, Mushrooms & Potatoes
GREEK	Eggs, Feta, Tomatoes, Onions, Spinach & Potatoes
TERESA'S	Eggs, American Cheese, Bacon, Tomatoes, Onions, Avocado & Potatoes
NANA'S	Eggs, Fresh Mozzerella, Spinach, Basil, and Potatoes

MORNING STARTERS

FRESH BAKED MUFFIN	\$3.95
TOASTED with BUTTER	\$4.50
PLAIN CROISSANT	\$3.95
TOASTED with BUTTER	\$4.50
CHOCOLATE/ALMOND CROISSANT	\$3.95
DANISH / SCONES	\$3.95
DONUTS	\$2.25
ROLL	\$ 1.75
WITH BUTTER	\$1.95
BAGEL	\$ 1.95
WITH BUTTER	\$2.25
BAGEL CREAM CHEESE	\$4.25
FLAVORED	\$4.95
FRESH FRUIT SALAD	\$5.95
BERRIES	\$7.95

BOAR'S HEAD COLD CUTS / CHEESES / SALADS

- \$17.69/lb.

TURKEY / HAM / SALAMI / CHICKEN
- \$19.79/lb.

ROAST BEEF / PASTRAMI
- \$17.69/½lb.

IMPORTED PROSCIUTTO DI PARMA
- \$16.59/lb.

BRIE, MOZZARELLA, BOAR'S HEAD CHEESES
- \$15.59/lb.

CHEDDAR / MUENSTER / PEPPERJACK
- PROVOLOGNE / AMERICAN
- \$15.59/lb.

TUNA / CHICKEN / SPECIALTY SALADS
- \$10.39/lb.

MACARONI / POTATO SALADS / COLE SLAW
- \$12.49/lb.

SPECIALTY SALADS

PRICES SUBJECT TO INCREASE WITHOUT NOTICE

LUNCH BOX SPECIALS (Roll \$13.50 Hero \$15.55)

#1 TONY SLAMMER	Grilled Roast Beef, Melted Swiss Cheese, Bacon, Lettuce, Tomato
#2 STEAKHOUSE	Grilled Roast Beef, Sautéed Onions, Melted Swiss, w/ Peter Luger Steak Sauce
#3 PHILLY CHEESE STEAK	Grilled Roast Beef, Peppers, Onions, Melted Cheese on a Toasted Garlic Hero
#4 REUBEN (\$14.95)	Grilled Patrami, Melted Swiss Cheese, Sauerkraut, Russian Dressing on Rye Toast
#5 SWEET RORY	Grilled Honey Maple Turkey, Melted Swiss Cheese, Russian
#6 CHICKEN CUTLET SUPREME	Breaded Chicken Cutlet, Melted American Cheese, Lettuce, Tomato, Mayo
#7 ITALIAN STALLION	Salami, Pepperoni, Capicola, Mortadella, Provolone, Lettuce, Tomato, Onions, Roasted Peppers, Italian Dressing
#8 TURKEY TEE-OFF	Cracked Pepper Turkey, Coleslaw, Swiss & Spicy Mustard
#9 CALABRESE	Grilled Chicken w/ Roasted Peppers, Melted Fresh Mozzarella & Homemade Pesto on Hero OR Cibatta
#10 MONTE CRISTO	Black Forest Ham w/ Brie OR Swiss, Tomato and Honey Mustard on Croissant OR Hero
#11 ALL-AMERICAN	Roast Beef, Turkey, Ham & American Cheese, Lettuce and Tomato
#12 MONTAUK	Cracked Pepper Turkey, Muenster Cheese, Tomato and Russian Dressing
#13 BELLA - \$14.95	Prosciutto, Fresh Mozzarella, Tomato, Basil, Roasted Peppers and Olive Oil
#14 JAYBO	Hot, Fresh Roast Beef, Melted Mozzerella, Tomato on Garlic-Toasted Hero
#15 BURLINGTON	Honey Maple Turkey, Ham, Swiss, Sliced Pickles and Russian
#16 SANTA FE	Chicken Cutlet, Pepper Jack, Lettuce, Tomato, Bacon & Chipotle Mayo
#17 ROSEMONT	Chicken Cutlet, Extra Hot Sauce, Lettuce, Tomato, Bleu Cheese Dressing
#18 NAPA	Grilled Chicken, Avocado, Red Onion, Arugula, Tomato, EVVO & Vinegar
#19 MAVERICK	Roast Beef, Fresh Mozzarella, Arugula, Au Jus (Gravy) on Hero OR Cibatta
#20 NICK'S CLASSIC	Ovengold Turkey, Bacon, Lettuce, Tomato, Italian Mayo on Hero OR Cibatta

BUILD A SANDWICH

\$9.10

CHOOSE:	(On Sliced Bread Only)
• TURKEY	– OVEN GOLD, SMOKED, CRACKED PEPPER, HONEY
• HAM	- BLACK FOREST, MAPLE HONEY HAM, CAPICOLA or BOARS HEAD HAM
• GRILLED CHICKEN, CHICKEN CUTLET	
• ITALIAN PROSCIUTTO (+ \$3.00)	
• FRESH ROAST BEEF / PASTRAMI (+\$1.00)	
• GENOA SALAMI, SOPRASATA	
• MORTADELLA, BOLOGNA OR LIVERWURST	
• CLASSIC OR SPECIALTY TUNA SALAD, OR CHICKEN SALAD, OR CLASSIC EGG SALAD	
• SWISS, PROVOLONE, MUENSTER, CHEDDAR, MONTEREY JACK, FRESH MOZZARELLA or BRIE	
ADD-ONS FOR ALL SANDWICHES:	
\$.78 each – Roll, Wrap,	Tomatoes, Cheese (\$1.04), Lettuce, Onions, Roasted/Sweet or Hot Peppers, Basil, Bagel
\$2.08 each – Hero, Cibatta, Focaccia, Bacon, Fresh Mozzarella, Brie, Avocado, Jalapeño	(\$1.56)

HOT HEROS/PLATTERS*

Chicken Parmesan	\$15.55
Meatball Parmesan	\$15.55
Sausage & Peppers	\$15.55
BLT	\$ 9.95
Grilled Cheese	\$ 8.05
Sirloin Burger	\$13.50
Side of Fries	\$ 4.95
Quesadilla - Chicken / Veg	\$13.50
Cheese Burger Deluxe	\$17.65

HOT ENTRÉE PLATTERS	
\$13.50	1 PROTEIN, 2 SIDES
\$16.59	DOUBLE PROTEIN, 2 SIDES

Inquire about our Daily Entrée Specials.

HOT SOUPS

16 oz.	\$7.50	32 oz.	\$14.95
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Our soups are prepared daily with only the freshest ingredients.

Ask about today's featured soups.

COFFEE BAR

HOT BEVERAGES	SM MED LG		
ESPRESSO – SINGLE	\$1.95		
COFFEE OF THE DAY	\$1.85	\$2.75	\$2.95
TEA	\$1.85	\$2.75	\$2.95
CAPPUCCINO, LATTE or CHAI LATTE	\$3.50	\$3.95	\$4.50
MOCHA	\$3.95	\$4.50	\$4.95
AMERICANO	\$3.50	\$3.95	\$4.50
HOT CHOCOLATE (100% Milk)	\$3.50	\$3.95	\$4.50
EXTRA ESPRESSO SHOT	\$1.25		
GOURMET SYRUP SHOT	\$.75		
ICED BEVERAGES	16oz 24oz 32oz		
ICED COFFEE OF THE DAY	\$2.95	\$3.50	\$3.95
ICED TEA	\$2.95	\$3.50	\$3.95
ICED CAPPUCCINO, LATTE or CHAI	\$4.50	\$4.95	\$5.25
ICED MOCHA	\$4.75	\$5.25	\$5.50
20 oz. SODA	\$2.99		
TROPICANA	\$2.99		