

**FOCACCIA SANDWICHES \$12.95**

**PARMA (\$14.95)**  
Fresh Mozzarella, Prosciutto, Tomato, Fresh Basil and Olive Oil

**LONG ISLAND ITALIAN (\$14.95)**  
Chicken Cutlet, Prosciutto, Mortadella, Fresh Mozzarella, Pesto, Roasted Peppers, Basil, EVVO

**VEGGIE**  
Grilled Vegetables w/ Fresh Mozzarella and Balsamic Dressing

**ROMAN**  
Grilled Chicken with Roasted Peppers, Fresh Mozzarella and Pesto

**NORMANDY**  
Smoked Turkey with Brie and Authentic Honey Mustard

**MEDITERRANEAN**  
Grilled Chicken, Feta, Olives, Red Onion, Lettuce, Tomatoes and Tzatziki

**HOT PANINIS \$12.95**

**CHICKEN FAJITA**  
Grilled Chicken, Onions, Spicy Peppers, Salsa and Cheddar

**CHICKEN PARMIGIANA**  
Chicken Cutlet, Tomato Sauce and Mozzarella

**TUSCAN**  
Tomatoes, Fresh Mozzarella, Basil, and Spinach

**TUNA MELT**  
Tuna Salad, American Cheese, Lettuce and Tomatoes

**CHICKEN CLUB**  
Grilled Chicken, Brie, Smoked Bacon, Tomatoes, and Ranch

**TERESA'S SPECIALTY WRAPS \$11.95**

*(Choice of Plain, Spinach or Whole Wheat)*

**GREEK**  
Romaine, Tomato, Cucumber, Feta, Olive, Peppers, Onions

**ROMA**  
Grilled Chicken Ceasar w/ Homemade Ceasar Dressing

**EL GRECO**  
Grilled Chicken Greek Salad w/ Balsamic Dressing

**BAJA**  
Grilled Chicken and Vegetables w/ Balsamic Dressing

**ROYAL**  
Roast Beef, Provolone, Red Onion, Arugula, Horseradish Mayo

**CALIFORNIA**  
Smoked Turkey, Avocado, Tomato, Arugula, Honey Mustard

**VEGETARIAN DELIGHT**  
Hummus, Carrots, Lettuce, Tomato, Avocado, Cucumbers, Vinaigrette

**TERESA'S WRAP**  
Grilled Chicken, Avocado, Tomato, Bacon, Mesclun Greens & Blue Cheese Dressing

**SOUTHWEST**  
Grilled Chicken, Sauteed Onions, Grilled Tomatoes, & Melted Pepper Jack

**SINGH'S SPECIAL**  
Cracked Pepper Turkey, Cherry Peppers, Red Onion, Lettuce, Tomato & Chipotle Mayo

**ADD-ONS: \$ .50 each**  
Tomatoes, Cheese, Lettuce, Onions, Roasted/Sweet or Hot Peppers, Basil, Bagel

**\$2.00 each**  
Hero, Cibatta, Focaccia, Bacon, Fresh Mozzarella, Brie, Avocado Jalapeño (\$1.50)

**CREATE A SALAD \$11.95**

**Includes Choice of Greens - 1 Protein & 4 Toppings**

Each Additional Protein **+\$3.00**

Each Additional Topping **+\$1.00**

**Greens**  
Romaine | Mesclun | Spinach | Arugula

**Protein**  
Grilled Chicken | Chicken Cutlet | Asian Chicken | Bacon | Tuna | Turkey | Grilled Veggies | Avocado | Tofu

**Toppings**  
Apples, Almonds, Artichokes, Beans, Carrots, Cherry Tomatoes, Chickpeas, Croutons, Crunchy Noodles, Cucumber, Beets, Broccoli, Dried Cranberries, Egg, Kalamata Olives, Mandarin Oranges, Mushrooms, Roasted Peppers, Scallions, Sunflower Seeds, Tortilla Chips, Walnuts, Water Chestnuts, Crumbled Blue Cheese, Cheddar, Feta, Mozzarella, Parmesan, Pepper Jack, Swiss

**Dressings**  
Asian, Bleu Cheese, Caesar, Italian, Ranch, Russian, Thousand Island, Extra-Virgin Olive Oil, Fresh Lemon Juice, Balsamic Vinegar, Red Wine Vinegar, Fat-Free Raspberry Vinaigrette, Low-fat Honey Dijon, Fresh Lemon & Herb

**CLASSIC SALADS \$10.95**

**CAESAR - GARDEN - SPINACH**  
Add in **(+\$3.00)** - Grilled Chicken, Chicken Cutlet, Tuna or Turkey Avocado

**TERESA'S SPECIALTY SALADS \$14.95**

**GREEK**  
Romaine, Tomato, Cucumber, Feta, Olive, Peppers, Onions

**MAIN STREET**  
Strawberries, Blueberries, Dried Cranberries, Walnuts, Crumbled Blue Cheese Over Mixed Greens

**COBB**  
Chicken Cutlet, Avocado, Bacon, Tomatoes, Red Onion, Cheddar Over Mixed Greens - Egg, Hard Boiled

**MEXICAN SALAD**  
Grilled Chicken, Avocado, Corn, Tomato, Cilantro, Black Beans, Red Onion, Pepper Jack Over Mixed Greens

**CALIFORNIA VEGAN**  
Grilled Zucchini, Carrots & Eggplant with Avocado and Chickpeas Over Arugula

**GRILLED CHICKEN CAPRESE**  
Fresh Mozzarella, Tomatoes, Fresh Basil and Roasted Peppers Over Mesclun and Arugula and Mixed Greens

**ASIAN CHICKEN SALAD**  
Ginger Chicken with Mandarin Oranges, Water Chestnuts, Scallions, Carrots & Crunchy Noodles Over Mixed Greens

**SNACKS & DESSERTS**

**TRUFFLE BROWNIES \$3.95**  
**HOMEMADE COOKIES \$3.95**  
**BLACK & WHITE \$3.95**  
**RUGELACH \$2.50**  
**MACAROONS \$2.25**  
**CRUMB CAKE \$4.25**  
**DEEP RIVER/HAL'S CHIPS \$2.69**

**CATERING SNAPSHOT**

**Please call for further options and details: 631-351-8721**  
*(eight person minimum)*

**BREAKFAST**

**NEW YORK BAGEL PLATTER \$4.25pp**  
Assortment Fresh Bagels, Assorted Cream Cheese, Butter & Jelly, Fresh Bakery Platter

**FRESH BAKERY PLATTER \$6.95pp**  
Assorted Muffins, Mini Croissants & Breakfast Pastries, Crumb Cake

**CONTINENTAL PLATTER \$6.95pp**  
Assorted Fresh Bagels, Muffins, Mini Breakfast Pastries & Crumb Cake

**RISE AND SHINE BREAKFAST SANDWICH PLATTER \$7.95pp**  
Assorted Egg Sandwiches and/or Breakfast Burritos

**BOARDROOM BREAKFAST PACKAGE \$12.95pp**  
Continental Platter, Fruit Salad and Coffee Service

**CLASSIC LUMBERJACK PACKAGE \$15.95pp**  
Choice of Pancakes or Challah French Toast, Scrambled Eggs, Home Fries, Bacon & Sausage, OJ & Coffee

**TERESA'S BREAKFAST PACKAGE \$16.95pp**  
Bagel Platter, Fruit Salad, Scrambled Eggs, Bacon OR Sausage, Home Fries, OJ & Coffee

**LUNCH**

**CLASSIC PLATTER \$12.95pp**  
Assorted Classic & Specialty Sandwiches & Wraps (Including Vegetarian)

**TERESA'S LUNCH PACKAGE \$15.95pp**  
Assorted Specialty Sandwiches & Wraps & Side Salad (Including Vegetarian)  
\*Entree Salad Option Available **+\$2.00** pp

**EXECUTIVE LUNCH PACKAGE \$18.95pp**  
Assorted Sandwiches & Wraps, Salad Selection & Homemade Cookies  
\*Entree Salad Option Available **+\$2.00** pp

**CLASSIC SIDE SALADS \$4.25pp**  
Cole Slaw, Macaroni, Red Bliss Potato, Caesar, Tuscan Pasta (Grilled Veggies, Fresh Mozzarella & Basil)

**SPECIALTY SALADS \$5.50pp**  
Main Street, Asian, Caprese, Greek, Grilled Chicken Caesar, Garden Avocado & Chick Pea, Fruit Salad

**HERO BY THE FOOT (Serves 3-4 people per ft.) \$26.95pf**  
3/4/5/6 ft. Heroes Available  
American/Italian/Turkey BLT (custom options available)  
Includes 1lb. Cole Slaw, Macaroni or Potato Salad per foot

**HOT DISHES**

**Serves: 1/2 Tray 8-10 / Full Tray 18-20**

**ENTRÉE SPECIALS 1/2 TRAY \$89 / FULL TRAY \$129**

Chicken Parmesan, Chicken Francese, Chicken Marsala, Roasted Lemon Chicken, Grilled Chicken, Sausage & Peppers, Homemade Meatballs, Homemade Meatloaf, Chicken Fingers

**PASTAS 1/2 TRAY \$69 / FULL TRAY \$99**

Baked Ziti, Baked Penne w/Eggplant, Pasta Pomodoro, Rigatoni Bolognese, Penne alla Vodka

\*Premium Plastic Plates and Cutlery available **\$1.75pp**

**FULL HOT ENTRÉE CATERING MENU AVAILABLE, PLEASE INQUIRE.**

*PLEASE NOTE - All menu prices are for cash payment and are subject to change without notice. Credit Card payments will incur 3.5% additional charge. Delivery by Lunch Box for \$35 minimum order. A 10% delivery fee applied to all delivery orders. Please note this is not a gratuity.*



*The Good Stuff*

**631-351-8721**  
**758 Park Ave.**  
**Huntington, NY 11743**

**@teresaslunchbox**



**TeresasLunchBoxDeli.com**

**DELIVERY AVAILABLE ONLINE THROUGH**



\*Consuming raw or undercooked meats, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. Please inform staff of any food allergies. rev. 10/23

## BREAKFAST ALL DAY

(\$1.00 After 11:00am)

### EGG SANDWICHES (ROLL/WRAP/SLICED)

|   |        |
|---|--------|
| TWO EGGS/EGG WHITES                                 | \$4.00 |
| THREE EGG WHITES                                    | \$5.00 |
| TWO EGGS with CHEESE, HAM, BACON, SAUSAGE OR TURKEY | \$6.50 |
| TWO EGGS with CHEESE, DOUBLE MEAT                   | \$8.50 |

### EGG PLATTERS (Served with Home Fries)

|   |        |
|---|--------|
| TWO EGG PLATTER                                 | \$5.50 |
| THREE EGG WHITE PLATTER                         | \$6.50 |
| CREATE AN OMELETTE (3 EGGS) Toppings \$ .50 ea. | \$6.00 |
| WESTERN, VEGGIE, GREEK, SPANISH OMELETTE        | \$8.95 |

### BREAKFAST

|  |              |
|--|--------------|
| CLASSIC PANCAKES                         | \$2.95/piece |
| CHALLAH FRENCH TOAST                     | \$3.25/piece |
| HOT OATMEAL (16 oz.) Toppings \$ .75 ea. | \$3.95       |
| HARD BOILED EGGS                         | \$1.50 each  |

### ADD ONS (ADDITIONAL CHARGE)

|   |  |
|---|--|
| \$ .50 each: Cheese, Potatoes, Bagel, Onion Roll, Tomato, Lettuce, Spinach, Onions, Mushrooms, Peppers, Broccoli, Cherry Peppers, Salsa |  |
| \$1.50 each: Fresh Mozzarella, Jalapeño   |  |
| \$2.00 each: Bacon, Sausage, Ham, Turkey, Avocado, Hero, Croissant, Ciabatta, Hashbrown Patty   |  |
| \$2.50 each: Turkey Bacon   |  |

## CLASSIC SPECIALS

|  |        |
|--|--------|
| <b>SUPER SPECIAL</b>   | \$6.95 |
| 2 Eggs on a Roll with Cheese, Home-fries, Choice of Bacon, Ham, OR Sausage |        |

|  |        |
|--|--------|
| <b>THE CLASSIC</b>   | \$6.50 |
| 2 Eggs on a Roll with Cheese, Choice of Bacon, Ham, OR Sausage |        |

|   |         |
|---|---------|
| <b>BIG BOX/HUNGRY MAN</b>   | \$10.95 |
| 2 Eggs on a Roll or Hero with Cheese, Home-fries, Bacon, Ham, AND Sausage |         |

|   |        |
|---|--------|
| <b>BAGEL BUSTER</b>   | \$5.95 |
| Bacon, Sausage OR Ham on a Toasted Bagel with Melted Cheese |        |

|  |        |
|--|--------|
| <b>LEAN MACHINE</b>  | \$5.50 |
| 2 Egg Whites, Melted Swiss, Tomato, Roll<br>ADD Turkey (+\$2.00) |        |

|  |        |
|--|--------|
| <b>STEAK &amp; EGGS</b>                  | \$7.95 |
| Grilled Roast Beef, 2 Eggs, Cheese, Roll |        |

|  |        |
|--|--------|
| <b>NEW YORKER</b>                      | \$7.95 |
| Grilled Pastrami, 2 Eggs, Cheese, Roll |        |

|   |        |
|---|--------|
| <b>CLASSIC BLT</b>                        | \$7.95 |
| Bacon, Lettuce, Tomato, Mayo, Slice Bread |        |

|  |        |
|--|--------|
| <b>GRILLED CHEESE</b>                                | \$6.95 |
| Choice of Sliced Bread & Cheese, add Bacon (+\$2.00) |        |

## BREAKFAST BURRITOS

\$7.95

**CLASSIC** Eggs, Cheese, Bacon, Sausage & Potatoes

**WESTERN** Eggs, Cheese, Ham, Onions, Peppers & Potatoes

**SPANISH** Eggs, Cheddar, Onions, Tomatoes, Cherry Peppers, Salsa & Potatoes

**VEGGIE** Eggs, Swiss, Tomatoes, Peppers, Onions, Spinach, Mushrooms & Potatoes

**GREEK** Eggs, Feta, Tomatoes, Onions, Spinach & Potatoes

**TERESA'S** Eggs, American Cheese, Bacon, Tomatoes, Onions, Avocado & Potatoes

**NANA'S** Eggs, Fresh Mozzarella, Spinach, Basil, and Potatoes

## MORNING STARTERS

**FRESH BAKED MUFFIN** \$3.50  
TOASTED with BUTTER \$3.95

**PLAIN CROISSANT** \$3.50  
TOASTED with BUTTER \$3.95

**CHOCOLATE/ALMOND CROISSANT** \$3.50

**DANISH / SCONES** \$3.50

**DONUTS** \$1.95

**ROLL** \$1.75  
WITH BUTTER \$1.95

**BAGEL** \$1.75  
WITH BUTTER \$1.95

**BAGEL CREAM CHEESE** \$3.75  
FLAVORED \$4.25

**FRESH FRUIT SALAD** \$5.50

## BOAR'S HEAD COLD CUTS / CHEESES / SALADS

- \$14.99/lb. TURKEY / HAM / SALAMI / CHICKEN
- \$16.99/lb. ROAST BEEF / PASTRAMI
- \$12.99/lb. BOLOGNA & LIVERWURST
- \$14.99/½lb. IMPORTED PROSCIUTTO DI PARMA
- \$14.99/lb. BRIE, MOZZARELLA, BOAR'S HEAD CHEESES
- \$12.99/lb. CHEDDAR / MUENSTER / PEPPERJACK
- \$12.99/lb. PROVOLONE / AMERICAN
- \$12.99/lb. TUNA / CHICKEN / SPECIALTY SALADS
- \$ 8.99/lb. MACARONI / POTATO SALADS / COLE SLAW
- \$10.99/lb. SPECIALTY SALADS

## LUNCH BOX SPECIALS (Hero/Roll)

\$12.95

**#1 TONY SLAMMER**  
Grilled Roast Beef, Melted Swiss Cheese, Bacon, Lettuce, Tomato

**#2 STEAKHOUSE**  
Grilled Roast Beef, Sautéed Onions, Melted Swiss, w/ Peter Luger Steak Sauce

**#3 PHILLY CHEESE STEAK**  
Grilled Roast Beef, Peppers, Onions, Melted Cheese on a Toasted Garlic Hero

**#4 REUBEN (\$14.95)**  
Grilled Patrami, Melted Swiss Cheese, Sauerkraut, Russian Dressing on Rye Toast

**#5 SWEET RORY**  
Grilled Honey Maple Turkey, Melted Swiss Cheese, Russian

**#6 CHICKEN CUTLET SUPREME**  
Breaded Chicken Cutlet, Melted American Cheese, Lettuce, Tomato, Mayo

**#7 ITALIAN STALLION**  
Salami, Pepperoni, Capicola, Mortadella, Provolone, Lettuce, Tomato, Onions, Roasted Peppers, Italian Dressing

**#8 TURKEY TEE-OFF**  
Cracked Pepper Turkey, Coleslaw, Swiss & Spicy Mustard

**#9 CALABRESE**  
Grilled Chicken w/ Roasted Peppers, Melted Fresh Mozzarella & Homemade Pesto on Hero OR Cibatta

**#10 MONTE CRISTO**  
Black Forest Ham w/ Brie OR Swiss, Tomato and Honey Mustard on Croissant OR Hero

**#11 ALL-AMERICAN**  
Roast Beef, Turkey, Ham & American Cheese, Lettuce and Tomato

**#12 MONTAUK**  
Cracked Pepper Turkey, Muenster Cheese, Tomato and Russian Dressing

**#13 BELLA - \$14.95**  
Prosciutto, Fresh Mozzarella, Tomato, Basil, Roasted Peppers and Olive Oil

**#14 JAYBO**  
Hot, Fresh Roast Beef, Melted Mozzarella, Tomato on Garlic-Toasted Hero

**#15 BURLINGTON**  
Honey Maple Turkey, Ham, Swiss, Sliced Pickles and Russian

**#16 SANTA FE**  
Chicken Cutlet, Pepper Jack, Lettuce, Tomato, Bacon & Chipotle Mayo

**#17 ROSEMONT**  
Chicken Cutlet, Extra Hot Sauce, Lettuce, Tomato, Bleu Cheese Dressing

**#18 NAPA**  
Grilled Chicken, Avocado, Red Onion, Arugula, Tomato, EVVO & Vinegar

**#19 MAVERICK**  
Roast Beef, Fresh Mozzarella, Arugula, Au Jus (Gravy) on Hero OR Cibatta

**#20 NICK'S CLASSIC**  
Ovengold Turkey, Bacon, Lettuce, Tomato, Italian Mayo on Hero OR Cibatta

## BUILD A SANDWICH

\$8.00

**CHOOSE:** (On Sliced Bread Only)  
• **TURKEY** – OVEN GOLD, SMOKED, CRACKED PEPPER, HONEY  
• **HAM** - BLACK FOREST, MAPLE HONEY HAM, CAPICOLA or BOARS HEAD HAM  
• **GRILLED CHICKEN, CHICKEN CUTLET**  
• **ITALIAN PROSCIUTTO (+ \$3.00)**  
• **FRESH ROAST BEEF / PASTRAMI (+\$1.00)**  
• **GENOA SALAMI, SOPRASATA**  
• **MORTADELLA, BOLOGNA OR LIVERWURST**  
• **CLASSIC OR SPECIALTY TUNA SALAD, OR CHICKEN SALAD, OR CLASSIC EGG SALAD**  
• **SWISS, PROVOLONE, MUENSTER, CHEDDAR, MONTEREY JACK, FRESH MOZZARELLA or BRIE**

### ADD-ONS FOR ALL SANDWICHES:

\$ .75 each – Roll, Wrap, Tomatoes, Cheese, Lettuce, Onions, Roasted/Sweet or Hot Peppers, Basil, Bagel  
\$2.00 each – Hero, Cibatta, Focaccia, Bacon, Fresh Mozzarella, Brie, Avocado, Jalapeño **(\$1.50)**

## HOT HEROS/SANDWICHES/PLATTERS

|                            | Roll     | Hero    |
|----------------------------|----------|---------|
| Chicken Parmesan           | \$ 11.95 | \$12.95 |
| Meatball Parmesan          | \$ 11.95 | \$12.95 |
| Sausage & Peppers          | \$ 11.95 | \$12.95 |
| BLT                        | \$ 7.95  | \$ 9.95 |
| Grilled Cheese             | \$ 6.95  |         |
| Sirloin Burger             | \$10.95  |         |
| Side of Fries              | \$ 4.25  |         |
| Quesadilla - Chicken / Veg | \$12.95  |         |
| Cheese Burger Deluxe       | \$16.95  |         |

### HOT ENTRÉE PLATTERS

\$12.95 1 PROTEIN, 2 SIDES  
\$15.95 DOUBLE PROTEIN, 2 SIDES

*Inquire about our Daily Entrée Specials.*

## HOT SOUPS

16 oz. \$6.95      32 oz. \$12.95

*Our soups are prepared daily with only the freshest ingredients.*

*Ask about today's featured soups.*

## COFFEE BAR

## HOT BEVERAGES

SM | MED | LG

|                                 |        |        |        |
|---------------------------------|--------|--------|--------|
| ESPRESSO – SINGLE               | \$1.95 |        |        |
| COFFEE OF THE DAY               | \$1.85 | \$2.75 | \$2.95 |
| TEA                             | \$1.85 | \$2.75 | \$2.95 |
| CAPPUCCINO, LATTE or CHAI LATTE | \$3.50 | \$3.95 | \$4.50 |
| MOCHA                           | \$3.95 | \$4.50 | \$4.95 |
| AMERICANO                       | \$3.50 | \$3.95 | \$4.50 |
| HOT CHOCOLATE (100% Milk)       | \$3.50 | \$3.95 | \$4.50 |
| EXTRA ESPRESSO SHOT             | \$1.25 |        |        |
| GOURMET SYRUP SHOT              | \$ .75 |        |        |

## ICED BEVERAGES

16oz | 24oz | 32oz

|                                |        |        |        |
|--------------------------------|--------|--------|--------|
| ICED COFFEE OF THE DAY         | \$2.95 | \$3.50 | \$3.95 |
| ICED TEA                       | \$2.95 | \$3.50 | \$3.95 |
| ICED CAPPUCCINO, LATTE or CHAI | \$4.50 | \$4.95 | \$5.25 |
| ICED MOCHA                     | \$4.75 | \$5.25 | \$5.50 |
| 20 oz. SODA                    | \$2.99 |        |        |
| TROPICANA                      | \$2.99 |        |        |