

FOCACCIA SANDWICHES

\$10.95

- PARMA**
Fresh Mozzarella, Prosciutto, Tomato, Fresh Basil and Olive Oil
- VEGGIE**
Grilled Vegetables w/ Fresh Mozzarella and Balsamic Dressing
- ROMAN**
Grilled Chicken with Roasted Peppers, Fresh Mozzarella and Pesto
- NORMANDY**
Smoked Turkey with Brie and Authentic Honey Mustard
- MEDITERRANEAN**
Grilled Chicken, Feta, Olives, Red Onion, Lettuce, Chopped Tomatoes and Tzatziki

HOT PANINIS

\$10.95

- MEXICAN FAJITA**
Grilled Chicken, Onions, Spicy Peppers, Salsa and Cheddar
- CHICKEN PARMIGIANA**
Chicken Cutlet, Tomato Sauce and Mozzarella
- TUSCAN**
Tomatoes, Fresh Mozzarella and Basil
- TUNA MELT**
Tuna Salad, Cheddar Cheese, Lettuce and Tomatoes
- CHICKEN CLUB**
Grilled Chicken, Brie, Smoked Bacon and Plum Tomatoes

TERESA'S SPECIALTY WRAPS

\$9.95

(Choice of Plain, Spinach or Whole Wheat)

- ROMA**
Grilled Chicken Caesar w/ Homemade Caesar Dressing
- EL GRECO**
Grilled Chicken Greek Salad w/ Balsamic Dressing
- BAJA**
Grilled Chicken and Vegetables w/ Balsamic Dressing
- ROYAL**
Roast Beef, Provolone, Red Onion, Arugula, Horseradish Mayo
- CALIFORNIA**
Smoked Turkey, Avocado, Tomato, Sprouts, Honey Mustard
- VEGETARIAN DELIGHT**
Hummus, Carrots, Lettuce, Tomato, Avocado, Cucumbers, Vinaigrette
- TERESA'S WRAP**
Grilled Chicken, Avocado, Tomato, Bacon, Mesclun Greens & Blue Cheese Dressing
- SOUTHWEST**
Grilled Chicken, Sauteed Onions, Grilled Tomatoes, & Melted Pepper Jack
- SINGH'S SPECIAL**
Cracked Pepper Turkey, Cherry Peppers, Red Onion, Lettuce, Tomato & Chipotle Mayo
- ADD-ONS:**
\$.50 each
Tomatoes, Cheese, Lettuce, Onions, Roasted/Sweet or Hot Peppers, Basil, Bagel

\$1.50 each
Hero, Cibatta, Focaccia, Bacon, Fresh Mozzarella, Brie, Avocado **(+\$2.00)**

CREATE A SALAD

\$9.95

Includes Choice of Greens - 1 Main Ingredient & 4 Toppings
Each Additional Main Ingredient **+\$3.00**
Each Additional Topping **+\$1.00**

Greens
Romaine | Mesclun | Spinach | Kale | Arugula

Main Ingredient
Grilled Chicken | Chicken Cutlet | Asian Chicken | Bacon | Tuna | Turkey | Grilled Veggies | Avocado

Toppings
Apples, Almonds, Artichokes, Beans, Carrots, Cherry Tomatoes, Chickpeas, Croutons, Crunchy Noodles, Cucumber, Beets, Broccoli, Dried Cranberries, Egg, Kalamata Olives, Mandarin Oranges, Mushrooms, Roasted Peppers, Peas, Scallions, Sunflower Seeds, Tofu, Tortilla Chips, Walnuts, Water Chestnuts, Crumbled Blue Cheese, Cheddar, Feta, Mozzarella, Parmesan, Pepper Jack, Swiss

Dressings
Asian, Bleu Cheese, Caesar, Italian, Ranch, Russian, Thousand Island, Extra-Virgin Olive Oil, Fresh Lemon Juice, Balsamic Vinegar, Red Wine Vinegar, Fat-free Lemon Herb, Fat-Free Raspberry Vinaigrette, Low-fat Honey Dijon

CLASSIC SALADS

\$9.95

CAESAR - GARDEN - GREEK - SPINACH
Add in **(+\$3.00)** - Grilled Chicken, Chicken Cutlet, Tuna or Turkey

TERESA'S SPECIALTY SALADS

\$12.95

- MAIN STREET**
Strawberries, Blueberries, Walnuts, Crumbled Blue Cheese Over Mixed Greens
- COBB**
Chicken Cutlet, Avocado, Bacon, Tomatoes, Red Onion, Cheddar Over Mixed Greens
- MEXICAN SALAD**
Grilled Chicken, Avocado, Corn, Pico de Gallo, Black Beans, Red Onion, Pepper Jack Over Mixed Greens
- CALIFORNIA VEGAN**
Grilled Zucchini, Carrots & Eggplant with Avocado and Chickpeas Over Arugula
- CAPRESE**
Fresh Mozzarella, Tomatoes, Fresh Basil and Roasted Peppers Over Mesclun and Arugula Blend
- ASIAN CHICKEN SALAD**
Ginger Chicken with Mandarin Oranges, Water Chestnuts, Carrots & Crunchy Noodles Over Mixed Greens

SNACKS & DESSERTS

- TRUFFLE BROWNIES** \$3.50
- ITALIAN BISCOTTI** \$2.95
- HOMEMADE COOKIES** \$2.25
- BLACK & WHITE** \$2.95
- RUGELACH** \$2.00
- MACAROONS** \$2.00
- CRUMB CAKE** \$3.50
- ASSORTED LOAF CAKES** \$3.50
- DEEP RIVER/HAL'S CHIPS** \$1.85

COFFEE BAR

HOT BEVERAGES

SM | MED | LG

ESPRESSO - SINGLE	\$1.95		
COFFEE OF THE DAY	\$1.85	\$2.75	\$2.95
TEA	\$1.85	\$2.75	\$2.95
CAPPUCCINO, LATTE or CHAI LATTE	\$3.50	\$3.95	\$4.50
MOCHA	\$3.95	\$4.50	\$4.95
AMERICANO	\$3.50	\$3.95	\$4.50
HOT CHOCOLATE (100% Milk)	\$3.50	\$3.95	\$4.50
EXTRA ESPRESSO SHOT	\$1.25		
GOURMET SYRUP SHOT	\$.75		

ICED BEVERAGES

16oz | 24oz | 32oz

ICED COFFEE OF THE DAY	\$2.95	\$3.50	\$3.95
ICED TEA	\$2.95	\$3.50	\$3.95
ICED CAPPUCCINO, LATTE or CHAI	\$4.50	\$4.95	\$5.25
ICED MOCHA	\$4.75	\$5.25	\$5.50
ASSORTED SODA CANS	\$1.65		
ASSORTED TROPICANA	\$2.50		
SNAPPLE	\$2.50		
VITAMIN WATER	\$2.99		
POLAND SPRING .5LTR	\$1.65		

CATERING SNAPSHOT

BREAKFAST

- CONTINENTAL BREAKFAST PLATTER** \$6.95 pp
Assortment of Muffins, Pastries & Bagels Served w/ Cream Cheese, Butter and Jelly
- NEW YORK BAGEL PLATTER** \$4.95 pp
An Assortment of NY's Finest Bagels, Served w/ Cream Cheese, Butter and Jelly
- EXECUTIVE BREAKFAST** \$12.95 pp
Continental Breakfast Platter, Carved Fruit Tray and Gourmet Coffee Service
- RISE AND SHINE PLATTER** \$7.95pp
Wide Assortment of Egg Sandwiches & Wraps
- CLASSIC LUMBERJACK** \$15.95 pp
Pancakes, French Toast, Scrambled Eggs, Bacon OR Sausage and Home Fries, Served w/ Gourmet Coffee and Orange Juice

LUNCH

- CLASSIC SANDWICH PLATTER** \$11.95 pp
A Wide Assortment of Signature Sandwiches, Wraps and Focaccia
- TERESA'S LUNCH** \$14.95 pp
Teresa's Sandwich Platter with Side Salad Selection
- EXECUTIVE LUNCH** \$18.95 pp
Teresa's Sandwich Platter, Side Salad Selection and Homemade Cookie Platter
- ENTRÉE SALADS** \$6.50 pp
Main Street, Asian, Grilled Chicken Caesar, Greek or Mexican
- SIDE SALADS** \$5.95 pp
Garden, Caesar, Tuscan Pasta or Classic Spinach
- CARVED FRUIT PLATTER** \$ 5.95 pp
- HOMEMADE COOKIE/DESSERT PLATTER** \$ 5.95 pp
- GOURMET COFFEE OR TEA SERVICE (BOX)** \$18.95

HOT ENTRÉE CATERING ALSO AVAILABLE, PLEASE INQUIRE.

*All Menu Prices Are Subject to Change Without Notice.
A 15% Delivery Fee is Applied to All Orders, Please Note This is Not a Gratuity.*



The Good Stuff

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Huntington, NY 11743

@teresaslunchbox



TeresasLunchBoxDeli.com



*Consuming raw or undercooked meats, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

BREAKFAST ALL DAY

\$1.00 Extra After 11:00am

EGG SANDWICH (ROLL/WRAP/SLICED BREAD)

TWO EGGS	\$4.00
THREE EGG WHITES	\$4.50
TWO EGGS with CHEESE, HAM, BACON OR SAUSAGE	\$5.95

EGG PLATTER (Served with Home Fries)

TWO EGGS PLATTER	\$5.00
THREE EGG WHITE PLATTER	\$5.50
CREATE AN OMELETTE – 3 EGGS	\$5.50 <small>plus toppings</small>
WESTERN, SPANISH, GREEK, OR VEGGIE OMELETTE	\$8.00

BREAKFAST

CLASSIC PANCAKES	\$2.50/piece
SPECIALTY PANCAKES (Banana, Choc. Chip, Blueberry)	\$2.95/piece
CHALLAH FRENCH TOAST	\$3.50/piece
HOT OATMEAL	\$2.25/\$3.50
Toppings (Walnuts, Granola, Blueberries, Bananas, Cranberries, Strawberries, Choc. Chips)	\$0.50 ea.

ADD ONS:

\$.50 Extra: Cheese, Potatoes, Onion, Tomato, Spinach, Broccoli, Peppers, Mushrooms, Cherry Peppers, Jalapeño, Salsa, Egg
\$1.50 Extra: Ham, Bacon, Sausage or Croissant
\$2.00 Extra: Avocado, Turkey Bacon, Hash Brown Patty

CLASSIC SPECIALS

SUPER SPECIAL 2 Eggs on a Roll with Cheese, Home-fries, Bacon, Ham, OR Sausage	\$6.25
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CLASSIC 2 Eggs on a Roll with Cheese, Choice of Bacon, Ham, OR Sausage	\$5.95
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BIG BOX 2 Eggs on a Roll with Cheese, Home-fries, Bacon, Ham, AND Sausage	\$8.50/\$9.95
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BAGEL BUSTER Bacon, Sausage OR Ham on a Toasted Bagel with Melted Cheese	\$5.50
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LEAN MACHINE 2 Egg Whites, Melted Swiss, Tomato, ADD Turkey (+\$1.50)	\$4.95/\$6.50
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STEAK & EGGS Grilled Roast Beef, 2 Eggs, Melted Cheese	\$7.50/\$8.95
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NEW YORKER Grilled Pastrami, 2 Eggs, Melted Cheese	\$7.50/\$8.95
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CLASSIC BLT Bacon, Lettuce, Tomato, Mayo, Slice Bread	\$7.50/\$8.95
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GRILLED CHEESE Choice of Sliced Bread & Cheese, add Bacon (+\$1.50)	\$5.95
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BREAKFAST BURRITOS

\$6.95

CLASSIC	Eggs, Cheese, Bacon, Sausage & Potatoes
WESTERN	Eggs, Cheese, Ham, Onions, Peppers & Potatoes
SPANISH	Eggs, Cheddar, Onions, Tomatoes, Cherry Peppers, Salsa & Potatoes
VEGGIE	Eggs, Swiss, Tomatoes, Peppers, Onions, Spinach, Mushrooms & Potatoes
GREEK	Eggs, Feta, Tomatoes, Onions, Spinach & Potatoes
TERESA'S	Eggs, American Cheese, Bacon, Tomatoes, Onions, Avocado & Potatoes
NANA'S	Eggs, Fresh Mozzarella, Spinach, Basil, and Potatoes

MORNING STARTERS

FRESH BAKED MUFFIN TOASTED with BUTTER	\$2.95 \$3.50
PLAIN CROISSANT TOASTED with BUTTER	\$2.95 \$3.50
CHOCOLATE/ALMOND CROISSANT	\$2.95
DANISH / SCONES	\$2.95
DONUTS	\$1.75
ROLL WITH BUTTER	\$1.50 \$1.75
BAGEL WITH BUTTER	\$1.95 \$2.25
BAGEL CREAM CHEESE FLAVORED	\$3.25 \$3.95
GREEK YOGURT	\$2.95
ASSORTED YOGURTS	\$1.75
YOGURT PARFAIT	\$4.25
FRESH FRUIT SALAD	\$4.50
FRESH BERRIES	\$5.95

BOAR'S HEAD COLD CUTS / CHEESES / SALADS

• \$12.99/lb.	TURKEY / HAM / SALAMI / CHICKEN
• \$ 8.99/lb.	BOLOGNA & LIVERWURST
• \$12.99/½lb.	IMPORTED PROSCIUTTO DI PARMA
• \$12.99/lb.	BRIE, MOZZARELLA, BOAR'S HEAD CHEESES
• \$ 8.99/lb.	CHEDDAR / MUENSTER / PEPPERJACK PROVOLONE / AMERICAN
• \$ 8.99/lb.	TUNA/CHICKEN/SPECIALTY SALADS
• \$ 6.99/lb.	MACARONI/POTATO SALADS, COLE SLAW

SPECIALTY HEROES

\$10.95/Roll \$9.95

#1 TONY SLAMMER Grilled Roast Beef, Melted Swiss Cheese, Bacon, Lettuce, Tomato
#2 STEAKHOUSE Grilled Roast Beef, Sautéed Onions, Melted Swiss, w/ Peter Luger Steak Sauce
#3 PHILLY CHEESE STEAK Grilled Roast Beef, Peppers, Onions, Melted Cheese on a Toasted Garlic Hero
#4 REUBEN Grilled Patrami, Melted Swiss Cheese, Sauerkraut, Russian Dressing on Rye Toast
#5 SWEET RORY Grilled Honey Maple Turkey, Melted Swiss Cheese, Russian
#6 CHICKEN CUTLET SUPREME Breaded Chicken Cutlet, Melted American Cheese, Lettuce, Tomato, Mayo
#7 ITALIAN STALLION Salami, Pepperoni, Ham Capicola, Mortadella, Provolone, Lettuce, Tomato, Onions, Roasted Peppers
#8 TURKEY TEE-OFF Cracked Pepper Turkey, Coleslaw, Swiss & Spicy Mustard
#9 CALABRESE Grilled Chicken w/ Roasted Peppers, Melted Fresh Mozzarella & Homemade Pesto on Hero OR Cibatta
#10 MONTE CRISTO Black Forest Ham w/ Brie OR Swiss, Tomato and Honey Mustard on Croissant OR Hero
#11 ALL-AMERICAN Roast Beef, Turkey, Ham & American Cheese, Lettuce and Tomato
#12 MONTAUK Cracked Pepper Turkey, Muenster Cheese, Tomato and Russian Dressing
#13 BELLA Prosciutto, Fresh Mozzarella, Tomato, Basil, Roasted Peppers and Olive Oil (+\$2.00)
#14 JAYBO Hot, Fresh Roast Beef, Melted Mozzarella, Tomato on Garlic-Toasted Hero
#15 BURLINGTON Honey Maple Turkey, Ham, Swiss, Sliced Pickles and Russian
#16 SANTA FE Chicken Cutlet, Pepper Jack, Lettuce, Tomato, Bacon & Chipotle Mayo
#17 ROSEMONT Chicken Cutlet, Extra Hot Sauce, Lettuce, Tomato, Bleu Cheese Dressing
#18 NAPA Grilled Chicken, Avocado, Red Onion, Arugula, EVVO & Vinegar
#19 MAVERICK Roast Beef, Fresh Mozzarella, Arugula, Au Jus (Gravy) on Hero OR Cibatta
#20 NICK'S SUPREME Ovengold Turkey, Bacon, Lettuce, Tomato, Italian Mayo on Hero OR Cibatta

CREATE A SANDWICH

\$8.00

CHOOSE: Sliced Bread, Wrap or Roll

- **TURKEY** – OVEN GOLD, SMOKED, CRACKED PEPPER, FRESH CARVED (+\$1.00)
- **HAM** - BLACK FOREST, MAPLE HONEY HAM, CAPICOLA or BOARS HEAD HAM
- **GRILLED CHICKEN, CHICKEN CUTLET**
- **ITALIAN PROSCIUTTO (+ \$3.00)**
- **FRESH ROAST BEEF (+\$1.00)**
- **GENOA SALAMI, SOPRASATA**
- **MORTADELLA, BOLOGNA OR LIVERWURST**
- **CLASSIC OR SPECIALTY TUNA SALAD, OR CHICKEN SALAD, OR CLASSIC EGG SALAD**
- **SWISS, PROVOLONE, MUENSTER, CHEDDAR, MONTEREY JACK, FRESH MOZZARELLA or BRIE**

ADD-ONS FOR ALL SANDWICHES:

\$.50 each	– Tomatoes, Cheese, Lettuce, Onions, Roasted/Sweet or Hot Peppers, Basil, Bagel
\$1.50 each	– Hero, Cibatta, Focaccia, Bacon, Fresh Mozzarella, Brie, Avocado (+\$2.00)

HOT HEROS/SANDWICHES/PLATTERS

	Roll	Hero
Chicken Parmesan	\$9.95	\$10.95
Meatball Parmesan	\$9.95	\$10.95
Sausage & Peppers	\$9.95	\$10.95
BLT	\$7.50	\$ 8.95
Grilled Cheese	\$5.95	
Specialty Burger	\$9.95	
Side of Fries	\$3.95	

HOT ENTRÉE PLATTERS

\$ 9.95	1 PROTEIN, 2 SIDES
\$12.95	2 PROTEINS, 2 SIDES

Inquire about our Entrée Specials

HOT SOUPS

16 oz.	\$6.50	32 oz.	\$11.95
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Our soups are prepared daily with only the freshest ingredients.

Ask about today's featured soups.

MEXICAN BAR (served with salsa & sour cream)

CHEESE QUESADILLA	\$8.95
CHICKEN/BEEF OR VEGGIE Choice of Tortilla filled with Melted Cheese	\$10.95
BURRITO Chicken, Beef or Vegetables. Choice of Tortilla filled with Rice, Cheese and Beans	\$10.95
SOFT TACOS (3) Chicken, Beef or Vegetables. Soft Tortillas filled with Lettuce and Cheese, served with Salsa & Sour Cream	\$9.95
4 oz. Guacamole	\$3.50
Extra Additional Toppings Available \$0.50 Each - Please Inquire	